Comparison of histological changes of sensory neurons of Dorsal Root Ganglion of spinal nerve in different age groups in rabbits

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Summary

The aim of the study is to compare the histological changes that occur in the sensory neurons of dorsal root ganglion at L6 and L7 levels of the spinal nerve in different age groups in rabbits. Fifteen rabbits were divided into three groups of equal number according to their age (weaning, maturation and adult). Dorsal root ganglion of spinal nerve at L6 and L7 levels were removed and examined histologically under light microscope. Comparison were made in diameters of neurons and their numbers in different age. The results showed a significant (P<0.05) decrease in the number of sensory neurons and a significant (P<0.05) increase in their diameters with advancing age. In conclusion, the structures of sensory neurons are altering by the age factors in which morphology, number, and color of neurons change also.

Keywords: Sensory neurons, Dorsal Root Ganglion, Spinal root, Rabbits.

Introduction

The peripheral nervous system is involved in the adaptation processes, since by its means they can gather sufficient external information to correlate the environmental changes and their physiological processes (1). The sensory neurons of the Dorsal Root Ganglia (DRGs) provide information about mechanical, thermal, chemical, and noxious external and internal stimuli (2). Dorsal root ganglion neurons, developing as bipolar neurons from the neural crest, are known to have two very similar processes. Both the central and processes peripheral have structural characteristics of axons. The axons of the spinal sensory neurons bifurcate in the DRG, sending one branch in the dorsal root centrally toward the spinal cord and the other in the spinal nerve toward the peripheral tissues (3). Other authors (4) clarified that aging deeply morphological influences several and functional features of the peripheral nervous system. Morphologic studies have reported a loss of myelinated and unmyelinated nerve fibers in elderly subjects, and several abnormalities involving myelinated fibers, such as demyelination, remyelination and myelin balloon figures. Aging also affects functional and electrophysiologic properties of the peripheral nervous system including a decline in nerve conduction velocity, muscle discrimination, strength, sensory and autonomic responses. Concerning the neuronal

changes during age (5) on the red nucleus of the mouse brain, the neurons were examined at 6, 22, 25, 28 and 31 months of age using quantitative histological techniques. Three types of neurons, large, medium and small, were identified on grounds of size and structural characteristics. The number of large neurons remained constant from 6 to 25 months of age before declining from 385 +/-24 at 25 months to 126 +/- 12 at 31 months. The number of medium neurons remained constant from 6 to 31 months of age with an overall mean of 1139. The number of small neurons showed a slight decline at 31 months of age. The nuclear diameter of large neurons increased from 14.7 microns at 25 months to 15.6 microns at 28 months and this increase in diameter was statistically significant. The nuclear diameter of neither medium mean (12.0 microns) nor small neurons mean (9.6 microns) varied significantly with age

Most researchers study the histomorphic changes of sensory and motor neurons of brain in different age groups and in different animals specially the rodents. Little information were known about the histological changes occurs in the sensory neurons of DRG of spinal cord during life. The present study designated to evaluate the morphological and morphometric changes occur in the sensory neurons of DRG of spinal cord at L6 and L7 levels in three different age groups in Rabbits.

Fifteen rabbits were used in this study. Animals were divided into three equal groups (5/each) according to their ages: Weaning group [W]: Their ages range between 1 -2.5 months (6). Maturation group [M]: Their ages range between 5-8 months (7) and adult group [A]: Their ages range between 12-18 months (8). Samples were taken from animals. The pedicles of the lower 3 lumbar vertebrae and upper 2 sacral were dissected. The bodies of vertebral column were removed to expose the underlying spinal cord with their associated ganglia (9). Removal of lumbar segment of spinal cord with their associated ganglia from its place in the vertebral canal was manipulated by separating it from the remains part of spinal cord. Preparation of slides for light microscopy: The lumbar segment was removed as one part (Fig. 1) then immersed in 10% formalin for 24hs, dehydrated in graded alcohols, cleared in xylene, and finally embedded in paraffin wax (10). After removing the tissue from paraffin path and before blocking, DRG was separated from spinal cord at L6 and L7 levels. The procedure was made under vision of surgical loupe (11). According to (12) after blocking, sections were made using rotary microtome. The number of sensory neurons in the spinal cord were counted in 10 microscopically field at objective lens (40X) in both right and left side. The diameter of 20 sensory neurons were measured also at objective lens (40X) multiplied by factor 2.5 (the distance between two adjacent line in the objective lens ruler was equal to 2.5 μ m) in both right and left sides. Morphometric data were taken only from those neuronal somas that showed a delineated shape and a distinguishable nucleus (13).



Comparison was made among the three age groups and evaluated statistically. The statistical analysis of the experiment results was performed using the general linear model within a ready statistical program (SAS) and Duncan test was performed to determine significant differences between averages at a probability level (P < 0.05) (14).

Results and Discussion

Aging is the accumulation of changes over time (15). In the present study the influence of age on the morphology, number and diameter of sensory neurons in the dorsal root ganglion of spinal nerve at L6 and L7 levels were compared among different age groups. Sensory neurons were darkly stained with (H and E) in the weaning group compared with both maturation and adult groups. This result was in agreement with (16) who explained the differences in the color of cytoplasm to the different maturing time of sensory neurons among different ages. It was difficult to recognize Nissl granules in the body of nerve cell of weaning group, while in the maturation and in the adult groups the staining of neurons were normal and Nissl granules appeared clear especially in the adult group. Although, most neurons have round contour, some neurons in the weaning group have oval or elongated appearance, which is characteristic of immature neurons (17 and 18), (Fig. 2-5). Two types of sensory neurons could be recognized clearly in the adult group. The first one large pale in color and the other small dark in color (Fig. 6).



Figure, 2: Weaning group, L6. Sensory neurons small, darkly stained and oval in shape (white arrows). Bundles of nerve fibers (black arrows) 40X.H and E.

Figure, 1: Lumber segments of rabbit spinal cord with their associated dorsal root ganglia L6 and L7.

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Figure, 3: Weaning group, L7. Sensory neurons, small and darkly stained (arrows) 40X.H and E.



Figure, 4: Maturation group, sensory neurons normal staining and normal size (arrows). 40X, H and E.

Researchers (19) revealed that, in many aspects the DRG neuronal population is heterogeneous, which permits classifying them into subpopulations and eventually, subpopulations according to their morphology, biochemistry and physiology (membrane properties, peripheral and central connections, among others), which makes each subpopulation behave in a different manner when facing internal and external stimuli. The morphological classification is essentially based on the size of the soma in two neurons types; neurons type A (large and light) and type B (small and dark).



Figure, 5: Adult group sensory neurons, normal staining and Nissl granules appeared very clear (arrows). 100X. H and E.



Figure, 6: Adult group sensory neurons, large size neuron (black arrow), small size neurons (white arrows). 100X. H and E.

The number of sensory neurons of DRG at L6 segment level was 81.33 and 80.45 in the right and left sides respectively in the weaning group and 76.02 in the right and 75.37 in the left side in the maturation group and was reduced to 68.44 and 68.44 in the right and left side respectively in the adult group (Table, 1).

Table, 1: Number of sensory	neurons at L6 level of
rabbit's spinal cord.	

Side	Cells	P<0.05					
	W		Μ		Α		
Right	81.33	± 2.74	76.02	± 2.77	68.44	± 2.15	*
Left	80.45	± 2.28	75.37	± 2.51	67.61	± 2.20	*

Table (2) showed that the number of sensory neurons in the DRG at L7 segment was 82.33 and 81.62 in the right and left sides respectively in the weaning group and it 77.23 and 77.74, respectively in maturation group and 73.31 in the right side and 73.86 in the left side in adult group. The results showed that number of sensory neurons the was significantly (P<0.05) decreased with advancing age in both L6 and L7 segments of spinal cord. Concerning the diameter of sensory neurons, (Table, 3) shows and compares the mean values of the three groups at L6 segment level, which was 24.64 µm in the right side and 25.20 µm in the left side in case of weaning group and 27.19 and 28.71 um of the right and left sides respectively in the maturation group. In the adult group the values were 30.89 and 31.24 µm of right and left sides respectively.

Table, 2: Number of sensory neurons at L7 level of rabbit's spinal cord.

Side	Cells Number per microscopical field at e objective lens [40X] [(Mean± SE)							
	W		Μ		Α			
Right	82.33	± 2.11	77.23	± 2.86	73.31	± 2.60	*	
Left	81.62	± 2.19	77.74	± 2.81	73.86	± 2.20	*	

Table, 3: Number of sensory neurons diameter (µm) at level L6 segment of rabbits spinal cord.

Side		P<0.05					
	V	V	1	Α			
Right	24.64	± 1.54	27.19	± 1.14	30.89	± 1.67	*
Left	25.20	± 1.08	28.71	± 1.28	31.24	± 1.61	*

At the level of L7 segment of spinal cord, the diameter of sensory neurons in the right and left sides were 26.20 and 26.40 μ m in the weaning group, 30.12 and 30.06 μ m in the maturation group and 30.05 and 31.49 μ m in the adult group respectively. The finding show that diameter of sensory neurons was significantly (P<0.05) increased with advancing age in both L6 and L7 segments of spinal cord (Table, 4).

Table, 4: Number of sensory neurons diameter (μm) at level L7 segment of rabbits spinal cord.

Side	Cell Diameter µm Side (Mean± SE) P<0.05								
orae	· ۱	W	N	_	Α				
Right	26.20	±1.86	30.12	±1.44	30.05	± 1.18	*		
Left	26.40	±1.78	30.06	± 1.60	31.49	± 1.21	*		

The results of the present study showed a significant decrease in number of sensory neurons of DRG at both L6 and L7 levels of spinal cord with advancing age. While the diameter of sensory neurons were increased significantly with advancing age. This agrees with finding of (20) on sensory neuron in the brain, who observed postnatal changes in neuron cell body diameter and neuron density in newborn, two-week old, and eight-week old golden hamsters. Quantitative data indicated that in both the visual cortex and superior colliculus, neuron cell body diameter increased nearly twofold during the first two-week period following birth and reached maximum size by approximately day 14. Neuronal density was highest in the newborn and decreased with age in both visual centers. In

conclusion, the structures of sensory neurons are altering by the age factors in which morphology, number, and color of neurons, which makes this study applicable one in forensic medicine through it we can know the age of the cadaver.

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مقارنة التغيرات النسجية في العصبونات الحسبة لعقدة الجذر الظهري للعصب الشوكي في فنات عمرية مختلفة في الأرانب

بالريب بان اسماعيل صديق و علي غانم العقيلي و أنتصار جاسم محمد أ فرع العلوم الأساسيه، ² فرع جراحة الفم، ³ فرع تشخيص امراض الفم، كلية طب الاسنان، جامعة تكريت، العراق. E-mail: ali.okaili@gmail.com

الخلاصة

هدفت الدراسة إلى مقارنة التغيرات النسجية التي تحدث في العصبونات الحسية الموجودة في العقد الحسية للجذر الظهري للفقرات القطنيه لـ 6 ولـ 7 للعصب الشوكي بفئات عمرية مختَّلفة من الأرانب. استعملت 15 أرنُّب ووزعت إلى ثلاثة مجاميعً متساوية العدد حسب العمر (فطام ونضوج وبلوغ). رُفِعت العقد الحسية من الجذر الظهري للعصب الشوكي عند المستويات لـ 6 ولـ 7 (بعد التضحية بالأرانب) وْقُطِعت لْفحصها نسجياً بالمجهر الضوئي. وقد قورنت أقطار العصبونات وأعدادها في الفئات العمرية المختلفة. أظهرت النتائج انخفاض معنوي عند مستوى (P<0.05) في عدد العصبونات الحركية وزيادة معنوية عند مستوى (P<0.05) في أقطار ها مع تقدم العمر . نستنتج من هذه الدراسة إن تركّيب العصبونات الحسية تتغير بتقدم العمر والتي تشمل الشكل والعدد واللون.

الكلمات المفتاحيه: العصبونات الحسبه، العقد الحسبه والعقد العصبيه للجذر الظهري، العصب الظهري، الارانب.